

SMSA COACHED SCRIMMAGES

CONCEPT

The goal of the coached scrimmages is to improve the quality of the SMSA team racing game and to better prepare SMSA sailors for high school and college team racing. In doing so, SMSA is providing high-performance team race clinics for the area's A- and B-Level teams. These three days will be intense, full days of lecture, drills and scrimmage team races. SMSA will provide top-level coaches to run the day and provide hands-on coaching. Results from the scrimmages do not have any immediate effect however may be used to pre-rank teams for the SMSA Season TR Championships.

SCHEDULE

See the SMSA Team Racing web page for schedule and location details.

DAILY AGENDA

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|--------------|-----------------------|
| 8:30AM | REPORT TIME |
| 9:00-10:30 | MEETING & CHALK TALK |
| 11:00-2:30PM | DRILLS |
| 2:30-4:30PM | ROUND ROBIN SCRIMMAGE |
| 5:30PM | READY TO LEAVE |

HOST CLUB RESPONSIBILITIES

The host club plays a critical roll in ensuring a successful and productive day of team race training. It is the Clubs' responsibility to have i) twelve (12) 420s prepared and ready to rig by the Report Time, ii) 2 motor boats, iii) 4-6 marks, and iv) meeting place. Lunch and water for guests is not required.

VISITING CLUB RESPONSIBILITIES

Visiting clubs must arrive on time and with a whole team. Visitors need to arrive with lunch and drinks and be prepared to eat, and otherwise spend long periods, on the water. Visiting clubs are strongly encouraged to send their race coach to contribute to, and take from, the experience.

TEAM RACE CHALK TALK TOPICS

- Rules Boot Camp: Part 2 & Appendix D
- Starting Strategies
- Developing a Play
- Mark Roundings on the Starboard N course
- Last beat Strategies

TEAM RACE DRILLS

- starting
- upwind balancing
- last beat drills

SMSA SEASON CHAMPIONSHIP

The SMSA Team Race Championship is open to any Club in SMSA, one team per Club. In order to qualify for entry a team must have participated in at least 2 of the following events:

1. A Level SMSA clinic #1 and/or #2,
2. B Level SMSA clinic,

3. The VHYC Team Race day and/or,
4. The CJ Buckley Team Race Regatta (in RI).

The Championship event will have no regatta cap, however teams are required to bring their own boats.

ABOUT THE COACHES

Matt Allen has been an active, competitive team racer for several years. His team, Team Trouble, won the prestigious USSailing National Team Race Championship/Hinman Trophy. Matt grew up sailing on the North Shore of Boston and has sailed extensively on the Cape and Buzzards Bay. Matt sailed for and graduated from Old Dominion University and coached many successful teams at Kings Point.

Charlie Enright's team racing team, The Tannery Loungers, recently sailed as USA2 at the ISAF Team Racing World Championship in Australia. Charlie grew up sailing in Bristol, RI and learned to team race at Milton Academy. He completed a successful collegiate sailing career at Brown University.

John Storck also sailed on the Tannery Loungers team that finished 3rd at the USTRC/Hinman regatta and qualified for the ISAF Team Race worlds. John grew up sailing on Long Island Sound and continued his competitive team racing experience at Hobart/William Smith Colleges, which won the ISCA Team Race Nationals his senior year.

Ben Spiller, hailing from Wisconsin, is finishing his undergraduate work at Boston University. With Ben BU has returned to New England and National prominence in college sailing. Ben is an active and competitive team racer on the V15 circuit and is also an active team racing umpire.

Amanda Callahan is a World Champion team racer on the Silver Panda team. Her team has also won the US & UK Team Racing Championships multiple times. She is a team racing expert but, as she predominantly crews, has the advantage of knowing what it takes to be best in the front of the boat. Amanda is the Head Sailing Coach at the nationally-ranked Roger Williams University. Under her guidance, the team qualified for, and placed 4th in, their first ICSCA Dinghy Championships last year.

CONTACTS

Administrator – Rob Hurd rshurd@hotmail.com

Organizer - Joel Hanneman: joelhanneman@teamvanguard.com, 401-862-3247

Host Club Contact – Wianno: Karen Renzulli, krenzulli@gmail.com;

Host Club Contact – Stage Harbor: Drew Carlson; dcarlson@shyc.com; 508-624-9986

Host Club Contact – Stone Horse:

Host Club Contact – Chatham:

Host Club Contact – Beverly: Stu Gilfillen, prgm.mgr.byc@gmail.com, (941) 504-4236

Host Club Contact – Scituate:

Host Club Contact – New Bedford YC; Mike Callahan; HoyaSail@aol.com,

Host Club Contact – Nantucket; Justin Assad, justin.assad@gmail.com

Host Club Contact - Vineyard Haven YC; Kim Murtha; kimberly.murtha@gmail.com