

2nd Annual Buzzards Bay Training Camp  
June 14-16, 2024  
Wild Harbor Yacht Club  
386 Grove St. North Falmouth MA 02556

This clinic is an opportunity to hone your skills and prepare for the summer season with professional coaching at one of the best sailing venues on earth.

Classes: C420, Opti and ILCA 6 and ILCA 7

Coaches: Mike O'Connor, Jane O'Connor, Tom Kirk and Dave Fallon

Schedule:

Friday June 14:

10:00am: Arrive and Rig  
11:30am: Meeting with Coaches  
12:30pm: Launch  
1:00pm: Drills on the water  
4:00pm: Sail back to WHYC  
4:30pm: Debrief

Saturday June 15:

9:00am: Arrive and Rig  
9:30am: Meeting with Coaches  
10:00am: Launch  
12:30pm: Lunch on the water  
1:00pm: Drills and racing  
4:00pm: Sail back to WHYC  
4:30pm Debrief

Sunday June 16:

9:00am: Arrive and Rig  
9:30am: Meeting with Coaches  
10:00am: Launch  
12:30pm: Lunch on the water  
1:00pm: Drills and racing  
4:00pm: Sail back to WHYC  
4:30pm Debrief

Fees:

Optis and ILCAs: \$100 per day (2 day minimum)  
C420s: \$150 per boat per day (2 day minimum)

Contact Us via email at: [buzzardsbaysailingteam@gmail.com](mailto:buzzardsbaysailingteam@gmail.com).