

### 420 Race Team June 4<sup>th</sup> and June 5<sup>th</sup> 10:30am to 3:30pm

All you high school sailors: it's time to break out the spinnakers and trapezes. This is a great chance to work in a small group on your sailing knowledge and techniques. We'll use the HYC 420's, check out the equipment and make sure you know how it all works. Get out on the water for some drills, practice starts and mark roundings with a spinnaker. Help us prepare for a great season of racing on the HYC Race Team at plenty of Regattas around the area. Let's get the best team out there and win some races! Lunch will be provided.

### Opti 3&4 Clinics: June 11th and June 12th from 9am-12pm

Opti 3 and Opti 4 sailors, get your boat ready to sail fast! Rig your boat and make sure it is ready to race. Learn some techniques to sail your boat faster and get ahead of the fleet and stay there. With the right weather, we'll do some practice drills and even line up for a start.

### Opti 1&2 Clinics: June 19th and June 26th from 9am-12pm

Opti Beginner, corresponding to our Opti 1 and Opti 2 level sailors in our program. Bring your boat, and practice rigging it. Let us help you make sure you have all the right parts and where they all go. Learn the names of the parts of your boat, points of sail, how to read the wind and weather, and how to set your sail to leave the shore and return safely. Parents are welcome.

### Laser Learn to Sail Clinics: June 26<sup>th</sup>, 1:00- 4:00 pm

Would you like to learn to sail a Laser? You must weigh a minimum of 100 pounds! Join this clinic, learn how to rig and try sailing a laser. The clinic will follow the Sunday One Design Race Series.

### Registration

Please email Emily

Mezzetti at [gm@hyannis yachtclub.org](mailto:gm@hyannis yachtclub.org)