

SMSA A TEAM COACHED SCRIMMAGES

CONCEPT

The goal of the coached scrimmages is to improve the quality of the SMSA team racing game and to better prepare SMSA sailors for high school and college team racing. In doing so, SMSA is providing high-performance team race clinics for the area's A-Level teams. These three days will be intense, full days of lecture, drills and scrimmage team races. SMSA will provide top-level coaches to run the day and provide hands-on coaching. Results from the scrimmages do not have any immediate effect however will be used to pre-rank teams for the SMSA Season TR Championships.

SCHEDULE

	Date	Coach	Host	Guest 1	Guest 2	Guest 3
Clinic	7/1	Brian Clancy	Wianno	Hyannis	Wild Harbor	Edgartown
Clinic	7/1	Amanda Callahan	Stage Harbor	Chatham	Stone Horse	West Dennis
Clinic	7/1	Charlie Enright	Beverly	NBYC	Plymouth	VHYC
		Coach	Host	Guest 1	Guest 2	Guest 3
Clinic	7/14	Nick Ewenson	Wianno	Beverly	West Dennis	Stage Harbor
Clinic	7/14	Charlie Enright	Chatham	NBYC	Stone Horse	Hyannis
Clinic	7/14	Brian Clancy	VHYC	Edgartown	VHYC	Plymouth
		Coach	Host	Guest 1	Guest 2	Guest 3
Clinic	7/29	Brian Clancy	Stage Harbor	Hyannis	VHYC	
Clinic	7/29	Amanda Callahan	Stone Horse	Wild Harbor	Beverly	NBYC
Clinic	7/29	Charlie Enright	Edgartown	Plymouth	W. Dennis	Wianno
Champs	Aug 7-8		NBYC/CBC			

DAILY AGENDA

8:30AM	REPORT TIME
9:00-10:30	MEETING & CHALK TALK
11:00-2:30PM	DRILLS
2:30-4:30PM	ROUND ROBIN SCRIMMAGE
5:30PM	READY TO LEAVE

HOST CLUB RESPONSIBILITIES

The host club plays a critical roll in ensuring a successful and productive day of team race training. It is the Clubs' responsibility to have 1) twelve (12) 420s prepared and ready to rig by the Report Time, ii) 2 motor boats, iii) 4-6 marks, and iv) meeting place. Lunch for guests is not required.

VISITING CLUB RESPONSIBILITIES

Visiting clubs must arrive on time and with a whole team. Visitors need to arrive with lunch and drinks and be prepared to eat, and otherwise spend long periods, on the water. Visiting clubs are strongly encouraged to send their race coach to contribute to, and take from, the experience.

TEAM RACE CHALK TALK TOPICS

- Rules Boot Camp: Part 2 & Appendix D
- Starting Strategies
- Developing a Play
- Mark Roundings on the Starboard N course
- Last beat Strategies

TEAM RACE DRILLS

- starting
- upwind balancing
- last beat drills

SMSA SEASON CHAMPIONSHIP

All A Level teams that participate in the scrimmage rotation are invited to sail in the SMSA team race championship as listed above. These teams must sail with 2/3rds of what is considered to be there A Team, meaning that only 2 sailors from outside that team can sail in the Champs. Also, the top B Level teams from each Region will be invited to the Championship.

ABOUT THE COACHES

Nick Ewenson has an established team racing resume both as a sailor and as a coach. As a sailor his St. Mary's College of MD team placed 1st & 2nd at the Intercollegiate Team Race Nationals. Since graduating he has competed at the international level of team racing and his team also finished 3rd at the US Team Racing Championships for the Hinman Trophy. Nick is also a coach at the College of Charleston. He has been an integral part of developing a consistently top-ranked team in the country.

Amanda Callahan is a World Champion team racer on the Silver Panda team. Her team has also won the US & UK Team Racing Championships multiple times. She is a team racing expert but, as she predominantly crews, has the advantage of knowing what it takes to be best in the front of the boat. Amanda is the Head Sailing Coach at the nationally-ranked Roger Williams University. Under her guidance, the team qualified for, and placed 4th in, their first ICSA Dinghy Championships this year.

Brian Clancy grew up team racing out of Scituate Harbor Yacht and on the Boston College High School Sailing Tea. After that he was active on the National Championship Hobart/William Smith team and was also a on the team race squad which finished 3rd twice on the ICSA National Team Race Championship, earning him All-American status. Since graduating he has coached junior sailing fleet and team racing in addition to recreational team racing on the US circuit.

CONTACTS

Administrator – Joel Hanneman: joelhanneman@teamvanguard.com, 401-862-3247

Host Club Contact – Wianno: Galen Largay; gklargay@gmail.com; 203-233-0622

Host Club Contact – Stage Harbor: Drew Carlson; dcarlson@shyc.com; 508-624-9986

Host Club Contact – Stone Horse: Doug Hurst; Doug.Hurst@smhcapital.com

Host Club Contact – Chatham: Willis Taylor; willisptaylor@gmail.com; 603-978-0722

Host Club Contact – Beverly: Heather Goodwin; prmg_mgr.byc@gmail.com; 508-748-0540

Host Club Contact – Falmouth; Mike O'Conner; mgo@fas.harvard.edu

Coach – Nick Ewenson: newenson@gmail.com,

Coach – Charlie Enright: charles.enright@gmail.com

Coach – Brian Clancy: bc7904@gmail.com